

# Understanding Adaptive Challenges in ADHD & Asperger's Children and Adolescents

**Tuesday, March 30, 2010 - 9:00 a.m. – 4:00 p.m. \*\*EDT; Registration: 8:30 a.m.**

5.5 Continuing Education Hours (includes 1.0 Ethics) for LCSWs, LSWs, LMFTs, LMHCs, psychologists, and NAADAC; 2.0 CRUs for educators

**Location: NASW-IN Chapter, 1100 West 42<sup>nd</sup> Street Suite 220, Indianapolis, IN 46208** (Refreshments Included-Lunch on your own)

This session will focus on the current conceptual understanding of executive and adaptive function in children and adolescents. The neurobiological underpinnings of these disorders create a challenging cognitive and behavioral profile, both from the perspective of mood and behavioral regulation and with regards to social skills, motivation, self-perception, and academic performance. Treatment of core symptoms, individual strengths-based counseling, and social-skills training provide a triangulated approach to intervention. This session will explore the various facets of these disorders and offer insights into the etiology, pathophysiology, and interventions that can be implemented in a clinical setting.

## Learning Objectives:

- Overview of ADHD and Asperger's as neurobehavioral and neurodevelopmental conditions
- Discussion on the salient aspects of Executive Function
- Explanation of the domains of Adaptive Function and what areas of daily life provide the most challenge
- The role of genetics in ADHD
- Behavioral interventions
- Treatment of core symptoms
- Social skills training and academic interventions



**Presenter: Sajjad A. Khan, PhD, MSW, LCSW**, is a clinician at the Children's Resource Group in Indianapolis, IN and also a Research Associate at United Biosource Corporation. Dr. Khan has conducted research in a variety of therapeutic areas, including psychiatry/psychology, women's health, and endocrinology. Trained in both quantitative and qualitative methods, his interests include psychiatric and health-related quality of life outcomes, neuropsychiatric genetics, and adaptive functioning. Dr. Khan's research perspective is informed by his experiences as a clinical social worker working with diverse populations in psychiatric and community mental health settings. His work has been presented at the ISPOR, College of International Neuropsychopharmacology, American Society for Experimental Neuro-therapeutics, the International Society of Neuropsychiatric Genetics, and the American Academy of Child and Adolescent Psychiatry. Dr. Khan has publications in the Journal of Child & Adolescent Psychopharmacology, Journal of Clinical Psychiatry, Current Psychiatric Reports, and The American Journal of Medical Genetics.

Early Registration Before: March 23, 2010

**Fees: NASW Member: \$100 Non-NASW Member: \$145 NASW Student or Retired Member: \$75**

## EASY WAYS TO REGISTER:

**On-Line:** [www.naswin.org](http://www.naswin.org) **Fax:** 317-925-9364 **E-mail:** [naswin@naswin.org](mailto:naswin@naswin.org) **Phone:** 317-923-9878

**Mail:** NASW – Indiana Chapter, 1100 W. 42<sup>nd</sup> St., Suite 226, Indianapolis, IN 46208

Name \_\_\_\_\_ E-mail \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone: (H) \_\_\_\_\_ (W) \_\_\_\_\_ (Fax) \_\_\_\_\_

NASW Member?  Yes  No NASW I.D. # 8 8 \_\_\_\_\_

Please specify any ADA needs you have in attending this workshop: \_\_\_\_\_

**NOTE ON ACCOMMODATIONS:** If you require accommodations to permit your attendance or participation, please provide a written request along with a completed registration form and workshop payment at least 30 days prior to the registration deadline for the workshop. Requests received after this deadline may not be able to be processed or fulfilled in time for the activity.

\_\_\_\_ **Enclosed** is my personal/agency check in the amount of: \$\_\_\_\_\_ (Payable to NASW – IN, 1100 W. 42nd St., Suite 226, Indianapolis, IN 46208) for Understanding Adaptive Challenge.

\_\_\_\_ **Please charge my**  MasterCard  Visa  American Express  Discover

Credit Card Number: \_\_\_\_\_ Expiration Date: \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_\*CSC# \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

**WORKSHOP POLICIES:** For registrations at the door, postmarked, e-mailed, faxed or phoned in less than **ONE** week prior to workshops, a late registration fee of \$30.00 will be assessed. **CANCELLATIONS:** There is a \$30.00 processing fee for cancellations. **CONFIRMATION:** Registration confirmation and directions will be sent after the registration deadline via e-mail unless otherwise specifically requested. **\*\*ALL WORKSHOPS ARE EASTERN DAYLIGHT TIME (EDT) – INDIANAPOLIS TIME.**