

# Think, Feel, Do:

## Play Therapy Using Cognitive Behavioral Methods

Friday, May 4, 2012 9:00 a.m. to 4:45 p.m. \*\*EDT – Registration at 8:30 a.m.

6.0 Continuing Education Hours for LCSWs, LSWs, LMFTs, LMHCs, LACs, LCACs, psychologists, and NAADAC;  
6.0 Hours of Professional Growth Points available for educators and school counselors; 6 APT Hours

**Location:** NASW-IN Office, 1100 W. 42<sup>nd</sup> Street, Krannert Hall, Indianapolis, IN 46208 Lunch on your own ([Map](#))

**Overview:** As clinicians strive to use best practice models to serve clientele with multiple problems, play therapy provides an opportunity to develop additional resources in the brain and connect with clients in a unique fashion. Well-studied, practical and “evidence-based” Cognitive Behavioral Therapy, with its roots in “changing thought patterns, to change behaviors,” has many variations in the world of play therapy. Come and spend a day getting acquainted with the work of Janine Shelby, Daniel Yeager, Liana Lowenstein and other well-known play therapists who follow CBT-using play therapy approaches. This application works with a broad array of diagnoses including ADHD, depression, anxiety, autism spectrum and adjustment disorders that are commonly seen in practice.

**Learning Objectives:** Participants will ...

- ▶ review the theory behind Cognitive Behavioral Techniques in play therapy
- ▶ be familiarized with the work of Cognitive Behavioral play therapists
- ▶ have the opportunity to view demonstrations
- ▶ have the opportunity to practice hands on activities that can be applied with individuals and groups throughout the day
- ▶ learn about the indications and contraindications of these interventions.

**Special Opportunity:** A limited number of participants will have the opportunity to bring a challenging case scenario. During the training we will “unpack” the cases. **FMI** about this, contact Davi Stein at [dstein@youthfirstinc.org](mailto:dstein@youthfirstinc.org) prior to April 20, 2012 (**2 weeks before the training**).



**Presenter:** **Davi Stein, LCSW, LCAC, RPT-S** serves as the Director of Social Work at Youth First Inc. in Evansville, Indiana, where she supervises social workers serving in 46 southwestern Indiana schools. Youth First’s mission is to strengthen youth and families through evidence based programs that prevent substance abuse, promote healthy behaviors and maximize student success. In addition to schools, Davi has worked in outpatient, inpatient and private practice settings throughout her career with special interest areas in childhood trauma, ADHD, and substance abuse. Prior to joining Youth First Davi worked in private practice, inpatient, outpatient and intensive outpatient and school settings. She has worked with clients with a wide array of diagnoses and needs. Davi is the past president of the Indiana Association for Play Therapy.

**Pre-registration On or Before: April 27, 2012** (Lunch on your own)

**Fee: NASW Member: \$100.00 Non-NASW Member: \$145.00 NASW Retired Member: \$75.00**

### EASY WAYS TO REGISTER:

Online: [www.naswin.org](http://www.naswin.org) Fax: 317-925-9364 E-mail: [naswin@naswin.org](mailto:naswin@naswin.org) Phone: 317-923-9878  
USPS Mail: NASW – Indiana Chapter, 1100 W. 42<sup>nd</sup> St., Ste. 226, Indianapolis, IN 46208

Name \_\_\_\_\_ Email \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone: (H) \_\_\_\_\_ (W) \_\_\_\_\_ (Fax) \_\_\_\_\_

NASW Member?  Yes  No NASW I.D. # 8 8 \_\_\_\_\_

Please specify any ADA needs you have in attending this workshop:

**ACCOMMODATIONS:** If you require accommodations to permit your attendance or participation, please provide a written request with a completed registration form and conference payment at least 30 days prior to the registration deadline for the workshop. Requests received after this deadline may not be able to be processed or fulfilled in time for the activity.

\_\_\_\_ Enclosed is my personal/agency check in the amount of: \$ \_\_\_\_\_ (Payable to NASW – Indiana Chapter, 1100 West 42<sup>nd</sup> Street, Suite 226, Indianapolis, IN 46208) for **Play Therapy**

\_\_\_\_ Please charge my  MasterCard  Visa  American Express  Discover

Credit Card Number: \_\_\_\_\_ Expiration Date: \_\_\_\_\_ / \_\_\_\_\_ CSC#: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**WORKSHOP POLICIES:** For registrations at the door, postmarked, e-mailed, faxed, or phoned in less than **ONE** week prior to workshops, a late registration fee of \$35.00 will be assessed. **CANCELLATIONS:** There is a \$35.00 processing fee for cancellations. **CONFIRMATION:** Registration confirmation and directions will be sent after the registration deadline via e-mail unless otherwise specifically requested. **\*\*All times are EASTERN DAYLIGHT TIME (EDT) – INDIANAPOLIS TIME. \***